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Secret Foodies Recipes

# Kale and Carrot Salad

Perfect salad with Tahini Dressing for a Summer afternoon. Serves 2

## Ingredients

3 carrots, shredded

1 bunch of kale, shredded

Sesame seeds

Dressing

6 tbsp of tahini

Juice of half lemon

½ tsp of salt

3 tbsp of olive oil

3 tbsp of water

## Preparation

Dressing- Combine all the ingredients and mix through thoroughly with a fork.

Salad - Combine carrot and kale. Toss through lemon juice and olive oil. Serve on a big salad plate drizzled with raw tahini dressing and sesame seeds on top

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